



UPLANDS MANOR PRIMARY SCHOOL

Headteacher: Mrs R. Keen

Addenbrooke Road, Smethwick, West Midlands, B67 6HT

Email: headteacher@uplandsmanor.sandwell.sch.uk

Website: uplandsmanor.sch.life

Telephone: 0121 558 1602

Swimming Lessons at Sandwell Aquatics Centre

December 2024

This year, children in Year 5 will be attending swimming lessons at Sandwell Aquatics Centre. Lessons will be on Tuesday mornings. Due to the large number of children in Year 5, two classes will attend lessons for the first half of term (i.e. until February half term); the other two classes will swim for the second half (i.e. from February half term to Easter).

5HS and 5W will be swimming for the first half of the Spring term, and their sessions start on **Tuesday 7th January** at the following times:

- 5W from 9.30am - 10.00am
- 5HS from 10.00am - 10:30am

Swimming dates for this half term are confirmed as follows:

- 7th January
- 14th January
- 21st January
- 28th January
- 4th February
- 11th February

What your child must bring to school on swimming days:

- ✓ Bag for swimming items.
- ✓ Plastic bag for wet clothes.
- ✓ Trunks or swim shorts for boys – swim shorts should not be below the knee.
- ✓ Swimsuit/costume for girls.
- ✓ Underwear.
- ✓ Towel.
- ✓ No jewellery
- ✓ Hair needs to be tied back.
- ✓ Inhalers / epipens

Children can bring swimming caps or goggles if they want but they are not essential.

Children should arrive at school in their **P.E kit with their swim wear** on underneath. This saves time and maximises the time that children will spend in the water.

Swimming lessons are compulsory, as swimming is part of the national curriculum, so all children will be expected to take part in swimming lessons.

Yours faithfully

Miss Smith
Year 5 Lead

Achievement

Belief

Creativity

Determination

Enthusiasm

